

CAMP: [ ]NeSoDak [ ] Klein Ranch [ ] Outlaw Ranch [ ] Joy Ranch

Week at Camp: \_\_\_\_\_ Year: \_\_\_\_\_ Cabin Group: \_\_\_\_\_

**BRING THIS 2-SIDED FORM WITH YOU TO CAMP!**



# HEALTH HISTORY FORM

for Children, Youth and Adults Attending Camps at Lutherans Outdoors in South Dakota  
**NESODAK KLEIN RANCH OUTLAW RANCH JOY RANCH**

CAMPER NAME: \_\_\_\_\_

**Camper Name** \_\_\_\_\_ **DOB** \_\_\_/\_\_\_/\_\_\_ **Gender** \_\_\_\_\_ **Age** \_\_\_\_\_

Parent/Guardian (or Spouse) \_\_\_\_\_

Current Address \_\_\_\_\_  
 Street City State Zip

Day Phone ( ) \_\_\_\_\_ Night( ) \_\_\_\_\_ Cell( ) \_\_\_\_\_

Second Parent/Guardian or Emergency Contact \_\_\_\_\_

Current Address \_\_\_\_\_  
 Street City State Zip

Day Phone ( ) \_\_\_\_\_ Night( ) \_\_\_\_\_ Cell( ) \_\_\_\_\_

**HEALTH HISTORY** (Check all that apply / Give approximate dates)

\_\_\_\_\_ Frequent Ear Infections \_\_\_\_\_ Heart Defect/Disease \_\_\_\_\_ Convulsions \_\_\_\_\_ Diabetes  
 \_\_\_\_\_ Hypertension \_\_\_\_\_ Mononucleosis \_\_\_\_\_ Psychiatric Treatment \_\_\_\_\_ Bleeding/Clotting Disorder

**DISEASES**

\_\_\_\_\_ Chicken Pox \_\_\_\_\_ Measles \_\_\_\_\_ German Measles \_\_\_\_\_ Mumps

**ALLERGIES** (Dates not Needed)

\_\_\_\_\_ Hay Fever \_\_\_\_\_ Ivy Poisoning, etc. \_\_\_\_\_ Insect Stings \_\_\_\_\_ Penicillin  
 \_\_\_\_\_ Other Drugs \_\_\_\_\_ Asthma \_\_\_\_\_ Other (Specify) \_\_\_\_\_

Has this camper ever required any psychiatric counseling or hospitalization? Yes No

If Yes, Explain \_\_\_\_\_

Current treatment & medications \_\_\_\_\_

Current behavioral plan \_\_\_\_\_

Past history of treatment, medications and behavioral plans \_\_\_\_\_

Operations or serious injuries (dates) \_\_\_\_\_

Disability or chronic or recurring illness \_\_\_\_\_

Current medications & description (*Please send prescriptions in original bottles with directions on the label and turn into health care personnel.*) \_\_\_\_\_

Name of dentist / orthodontist \_\_\_\_\_ Phone \_\_\_\_\_

Name of family physician \_\_\_\_\_ Phone \_\_\_\_\_

**Date of last physical examination** \_\_\_\_\_

**Do you carry family medical / hospital insurance?** Yes No *If so, indicate to the right:*

**Carrier:**

\_\_\_\_\_  
 \_\_\_\_\_  
 Street  
 City State Zip

**Policy Holder**

\_\_\_\_\_  
 Policy/Group #

\_\_\_\_\_  
 Certificate #

VACCINES	DATE OF BASIC IMMUNIZATION	DATE OF LAST BOOSTER
<b>Tetanus **important**</b>	/ /	/ /
DTAP (series of 5) (Diphtheria, Tetanus, and Pertussis)	/ /	/ /
TDAP (youth over 10)	/ /	/ /
MMR (series of 2) (Measles, Mumps, Rubella)	/ /	/ /
Varicella (series of 2)	/ /	/ /
Polio (series of 4)	/ /	/ /
Hepatitis B (series of 3)	/ /	/ /
Others	/ /	/ /

## RECOMMENDATIONS AND RESTRICTIONS WHILE AT CAMP

Activities to be restricted due to health reason \_\_\_\_\_

Description of any current physical conditions requiring medication, treatment, special considerations, restrictions while at camp. \_\_\_\_\_

Any over-the-counter medications NOT to be given to camper while at camp \_\_\_\_\_

Any medically prescribed meal plan or dietary restrictions \_\_\_\_\_

Any allergies (food, drugs, plants, insects, etc.) \_\_\_\_\_

The camper is under the care of a physician for the following condition(s): \_\_\_\_\_

Special Considerations for health care person to be aware of: \_\_\_\_\_

Any time health care outside the camp community is needed, parents/guardian will be notified. If you wish to be notified in any other circumstances, please list here \_\_\_\_\_

### **FOR YOUTH FEMALES ONLY:**

Has this person menstruated? \_\_\_\_\_ If not, has she been told about it? \_\_\_\_\_ If so, is her menstrual history normal? \_\_\_\_\_

**PHOTO RELEASE:** I willingly agree to allow Lutherans Outdoors, by means of photography and video, to publish photographs and/or video of my me/my child for advertising purposes in all forms of media.

[ ] Yes [ ] No

**Signature of parent / guardian / adult camper** \_\_\_\_\_

Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Warning, under South Dakota Law, an equine professional is not liable for any injury or death of a participant in equine activities resulting from the inherent risks of equine activities, pursuant to SD 42-11-2.

This health history is correct so far as I know, and the person herein described has permission to engage in all prescribed camp activities except as noted. **Authorization for Treatment:** I hereby give permission to the camp health care personnel to provide routine health care and to administer medications brought to camp; and to the medical personnel selected by the camp director to order X-rays, routine tests, treatment, and necessary transportation for me/or my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp director to secure and administer treatment, including hospitalization, for my child as named above. The completed forms may be photocopied for trips out of camp.

**Signature of parent/guardian or adult camper** \_\_\_\_\_

Date \_\_\_\_/\_\_\_\_/\_\_\_\_

I also understand and agree to abide with the restrictions placed on my camp activities:

**Signature of minor** \_\_\_\_\_

Date \_\_\_\_/\_\_\_\_/\_\_\_\_

**BRING THIS HEALTH FORM WITH YOU TO CAMP  
YOU WILL NOT BE PERMITTED TO REGISTER WITHOUT YOUR HEALTH FORM!**